

### ONE PULSOR APPLICATIONS

1. Wearing on your person, at a positive point (for a woman – the heart, for a man – the solar plexus), for subtle energy protection and amplification. Clearing metalwork and jewelry on your person (just touch the Pulsor to the metal object). Touching or close proximity to a Pulsor of any frequency will remove the subtle electrical charge from these objects. This should be done whenever you have been in contact with unpulsorized electrical appliances, switches, telephones or water.
2. To correct the polarity of food and water, neutralizing any negative energy by simple contact or close proximity. Example: One can touch an AcuPulsor, pendant or any other Pulsor to one's dinner plate or beverage container.
3. Relaxation - lie with your feet pointing south and a Pulsor on your forehead. Pulsors induce a state of deep neuro-muscular relaxation (see also multi-Pulsor applications). In this state, healing and polarity correction can take place automatically.
4. To harmonize the energy flow in appliances, telephone and water pipes, you can place a Pulsor on that appliance or on the main input point in your home or office and then test it for polarity with a Spin Tester. It will often go positive with just one Pulsor. (Ask about Pulsorizing your home completely.)
5. To balance the bodily energy centers; you take a Spin Tester reading over each of the main centers of the body. Whenever the polarity of a point is incorrect, place a Pulsor on that point until it corrects itself. For problem areas, which refuse to correct, a complete Vortex Center Balancing is appropriate. If one has no Spin Tester, place a Pulsor over each center for 5 minutes or longer.
6. Aura scanning and clearing - Using any convenient part of the body as a reference point for the Spin Tester (for oneself, the right knee is ideal), take a reading. Assuming that the spin is correct, now slowly move a Pulsor over the body circuits (there is no need to touch the body), watching the direction of swing of the Spin Tester. At points of distortion, the Pulsor will spin against the natural reading of the test point (for the right knee, the natural spin would be counter-clockwise). To correct, hold the Pulsor on that point or spin the Spin Tester in the direction of imbalance for the test point until it spins in balance. The amount of energy present at a certain point will be indicated by the energy of the Spin Tester.
7. For sprains, pains, arthritis, rheumatism - Put a Pulsor on the effected areas. You can be inventive as to how you hold it in place, using an Ace bandage, tape, etc.
8. It is helpful to put a Pulsor under your pillow while sleeping.
9. When wearing a Pulsor Wristband with Unit, to stop radiation from coming into the body, wear the Unit with the word "Pulsor" facing away from you so that a person in front of you can read it when they look down; for you it would be upside down. It is helpful to wear the Wristband units on the ankles for added protection.